

ABOUT US

Social, Life & Care is a health driven consultancy service that provides a holistic lens to your health and well-being.

We use a flexible and innovative approach tailored towards making therapy easily accessible for everyone. As consultants, we have the flexibility of supporting you at your home, school, organization and or businesses.

OUR AIM

Social, Life & Care aims to provide a safe and confidential service that is founded on the principles of trauma informed care, person centred approach and positive psychology.



Registered with the National Disability Insurance Scheme (NDIS) as a provider. We can also tap into other funding bodies such as Victim Services, organisational funded supports and privately funded support.

OUR SERVICES

- Counselling & Psychology
(Individual, Couples and Family Therapy)
- Behavioural Support Plans
- Art Therapy
- Sports Integration Program
(Sports, Mentoring and Psychoeducation)
- Physiotherapy
- Speech Therapy
- Occupational Therapy

Social life & care "Because we care"



SOCIAL LIFE & CARE



"Because we care"

A health focused
consultancy service
that provides a holistic
lens for your well-being.

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SOCIAL, LIFE & CARE